

7 Nights in double room 6 days of personalised programme

The programme includes

- Daily buffet breakfast
- Lunch and dinner individual dna necessities
- Blood Tests
- Medical Consultation
- Posturographic Assessment
- Osteopathic Assessment
- Diet consultation and metabolic nutrition evaluation
- Cognitive and Psychological-behavioural Assessment
- Gnomic and nutrigenomics Assessment
- Application of innovative Armband
- Access to the thermal pool with hydro-massages *every day*
- Access to the NEW thermal pool “Bioaquam Circuit” *every day*
- 6 Fitness Programme
- 2 Nutritional Control
- 6 Qi Gong sessions
- 3 Mud Treatment with Thermal Bath
- 3 Steam bath 34° in thermal natural grotto
- 3 Osteopathic Sessions
- 3 Neuromuscular Massage
- 3 Posture Techniques Sessions

Rates per person

in double room with full personalised menu

CHARME	SUPERIOR	ELEGANCE Park view	DELUXE Park view	JUNIOR SUITE	JUNIOR SUITE Park view
€ 2.990,00	€ 3.116,00	€ 3.144,00	€ 3.242,00	€ 3.564,00	€ 3.669,00